### NEWSLETTER

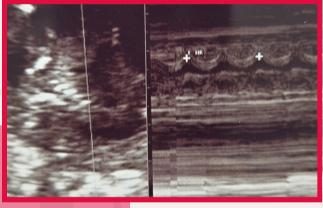


# We celebrate love this month by choosing life!



# 21-23 Days:

After fertilization the heartbeat of a preborn child can be detected.





Since July we have had 7 moms choose life after seeing the heartbeat.

"This is My commandment, that you love one another as I have loved you." - John 15:12

## Announcements

Our new donor website is up and running!



Thanks to Butterfield
Foundation for providing us
with a grant to develop both
the new client and donor
sites.

Please take some time to check it out!

affirmlifecape.org



"ALONE WE CAN DO SO LITTLE;
TOGETHER WE CAN DO SO MUCH."

- HELEN KELLER

#### MEET THE EXECUTIVE DIRECTOR

#### Leah Shrum

Leah holds an Associate of Arts Degree in Nursing, a Bachelor of General Studies Degree, and a Masters in Public Administration with emphasis on Community Wellness, all from Southeast Missouri State University. She has worked in a variety of nursing fields over the past 36 years. Her passion for volunteering and serving has included 10 years as the Director and Instructor at the Mississippi Valley Horsemanship Program, several ministries Therapeutic at Immaculate Conception School and Parish over the past 28 years, and currently with the Jackson Knights of Columbus Ladies Auxiliary. She was able to fulfill a life-long dream to go to Africa on a medical mission last year with Heart of the Bride and plans to go again this summer.

Leah has been a wife for 36 years to Loy, and is the mother of an adult son Andrew, a daughter Ashlynne, and Memaw of three beautiful grand-daughters 6 yr old Taylor Jane, 4 yr old Jodi Lynne, 2 year old Della Rae, and a handsome new 4 month old grandson, Thatcher James. Along with spending any moments she can with the grandbabies, Leah loves to be outside with her horses.

Leah has always had a passion for pro-life and strives to bring Jesus to all she meets. She thanks God daily for allowing her to serve all those who come through Options doors. The Spiritual warfare is real but the blessings God bestows on this ministry is truly amazing.

#### **VOLUNTEER SPOTLIGHT**

#### Cheryl Stillwell

Cheryl spoke to Michelle, the former director, at the Lynwood Baptist Church Mission Fair in November of 2013. She had been looking for a place to serve in the community and after talking to Michelle, realized Options was exactly what she had been looking for! Cheryl began volunteering then in February 2014.

She teaches a Monday evening Parenting Class and volunteers on Thursday teaching the DFS Court mandated parenting class.

Cheryl says she could write a book on the ways that Options has impacted her life. She has been outside her comfort zone and challenged with teaching the DFS class. And has grown so much as an individual and Christian from it. God showed her with the very first class that she was exactly where He wanted her, and doing exactly what He wanted her to do. Which has caused her to grow so much in her ability to share Christ and defend her faith.

Cheryl will attest that some classes are harder than others, but she truly believes we are making a difference in people's lives. It is her mission work in Cape Girardeau! The Monday class is a blessing to her. They have added 2 more young ladies this past Monday, bringing the class to a total of nine. It is a privilege for her to teach these ladies and share God's love and truth with them.

She sees her coworkers as family and looks forward to her time at Options. She is very thankful for the opportunity to serve!