

NEWSLETTER

National Parents' Day

July 27th, 2025

In 1994, Congress unanimously passed
“The Parents’ Day Resolution”
establishing the fourth Sunday of July as
a perennial day of commemoration.

On this day each year, Americans
recognize outstanding parents,
celebrate the teamwork in raising
children, and support the role of
parental guidance in building a strong,
stable society.



Psalm 127: 3-5

³ Sons are indeed a heritage from the Lord,
children, a reward.

⁴ Like arrows in the hand of a warrior
are the sons born in one's youth.

⁵ Happy is the man who has filled his quiver with them...



Board Member Spotlight

Leslie Lochmann

Leslie has been volunteering since September 2020. A friend of hers was involved with the organization and suggested that she start volunteering on the Fundraising Committee. At that time her kids were getting older, and she no longer needed to volunteer as much at school activities, so she was looking for another opportunity. She felt serving at an organization that aids the mission of serving women and families in our community was a great fit.

Leslie is now a member of the Fundraising Committee and Board of Directors. Since she started volunteering, the organization and the people served have grown. The fundraising options have expanded from initially just two to now two additional ones. Leslie helps to research the speakers for our annual dinner in October. In addition to helping plan and participate in our fundraising events, she's volunteered at several community events to raise awareness about Options for Women.

Volunteering has allowed Leslie to contribute to and support those utilizing Options' organization, but it has also connected her with others who share similar values and interests. She has learned from them and appreciates their personal and professional skills. The time working together reminds her they are a team working to build up a cause they care about, pregnancy resource centers.



Board Member Spotlight

Kendra Odom

Kendra has been serving as a board member with Options since August of 2019, and teaching parenting classes since August 2022.

Kendra had met Cheryl Stillwell some years ago at church and Cheryl shared about all that Options was doing in our community. She was so passionate about helping young moms and their babies. Then Kendra had a student, Andie, in a lifegroup class she was teaching, who shared about the need for volunteers at Options. Andie was serving there at the time and encouraged them all to do the same. The Lord then pressed on Kendra's heart that it was time to get involved. That summer of 2019, she had the opportunity to get to know two of the board members, Bob Stillwell and Dr. Hoffman. They spoke to her about being on the board at Options and it seemed to be the perfect fit.

After serving in that capacity for three years she then knew it was time to volunteer through teaching parenting classes.

Serving at Options has changed her life in so many amazing ways! The opportunity has made her more compassionate and caring toward all people and more aware of the need to care for the most vulnerable in our world today. Serving on the board has helped her to see the tough decisions that are made behind the scenes and the wonderful generosity that it takes to care for our families. Being a teacher for the parenting classes has shown her the incredible resilience and perseverance mothers and fathers of this generation have, but also the deep need they have for Christ and a community to support them. Kendra says she is truly honored and blessed to be part of the work that is done through Options for Women.

2024–2025 Building Campaign Donor Wall

**Beussink Family
Dentistry, in
memory of Tony**

**Byron and Pam
Small**

Donna Kielhofner

**Drury Southwest
Foundation**



**General Baptist
Church**

**Mike and Bonnie
Smith**

**Sterling Bank, Cape
Girardeau, MO**

**Westbrook Family-
Jason, Kelly, Cash,
Cameron and Colter**

**There was a portion used from our general funds in addition to those
listed above.**

**We appreciate each and every donor who contributed!
Thank you for your generosity!**



MOUSE RACES

"Race For Life"



Friday, Aug. 8th 2025

Doors Open at 6:00 PM---First Race Starts at 7:00 PM

Knights of Columbus (LOWER) Hall

318 S Spanish St, Cape Girardeau, MO 63703

**Must be 21
to attend**

Tickets \$25.00 each

Includes non-alcoholic beverages

*Cash bar
and food
items available
for purchase*

****ADVANCE TICKETS****



PURCHASE ONLINE BY SCANNING THE CODE OR VISIT

<https://affirmlifecape.harnessgiving.org/events/1947>

CONTACT: OPTIONS FOR WOMEN to purchase tickets at

573-339-2032 or call Leah Shrum at 573-275-0420

***TABLES OF 8 AVAILABLE FOR
PURCHASE/RESERVATION**

FOR \$250

**Will include treats & fun
decorations!**

****There will be a variety of different raffles and
games to participate in as well as betting on
each mouse race if you choose, so bring your
cash, card, or check book and join the FUN!**

CREATE YOUR WILL FOR FREE!



The following link: MyLegacyWill.com/optionsforwomencape will direct you to the correct form.

It is best to access the link and fill out the information on a computer.



<https://sevenweekscoffee.com/?ref=affirmlifecape>

Don't forget, by purchasing coffee through the link above you'll also support Options for Women!

