

NEWSLETTER



National Parents' Day July 26th

A time to lovingly honor the parents who pour their hearts into raising children, celebrate the beautiful teamwork that family life inspires, and lift up the powerful, guiding role parents play in shaping a strong, steady, and hope-filled society—one generation at a time.

"The greatest work of any individual, rich or poor, black or white, when it comes down to the evening of their life, is their children and grandchildren, the work of being a parent."
-Warren Buffet

International Day of Friendship July 30th

A true friend is someone who shows loyalty, offers support, and accepts you as you are. With them, you feel safe, understood, and able to be your authentic self. They honor your values, respect your limits, and remain by your side through every season of life. Let them know they are treasured, because friendships like that are rare and deeply worth celebrating.

First 6 months Donations in Honor/Memory of

IN HONOR OF:

FATHER TOM WILK

IN MEMORY OF:

ISABEL DIVELEY
IRENE STOVERINK



Volunteer Spotlight

Alyssa Seabaugh

Alyssa first came to Options for Women at the encouragement of her friend, Jacquie Maxton. She has now been volunteering for about two and a half years—maybe even a little longer. Alyssa serves by teaching the 6 p.m. Earn While You Learn class on Thursdays, a role she finds both rewarding and fulfilling.

She shares that volunteering has given her a renewed sense of purpose now that her children are grown and independent. What she loves most are the meaningful connections she's been able to build with the women in her class.



Upcoming Events

It's nearly here!

Tickets: \$25ea
includes non-
alcoholic beverages

Cash bar/Food
items available for
purchase

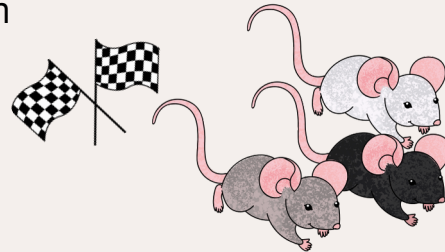
July 31st

Doors open @ 6pm

1st Race @ 7pm

KC Hall
(lower level)
318 Spanish St.
Cape Girardeau

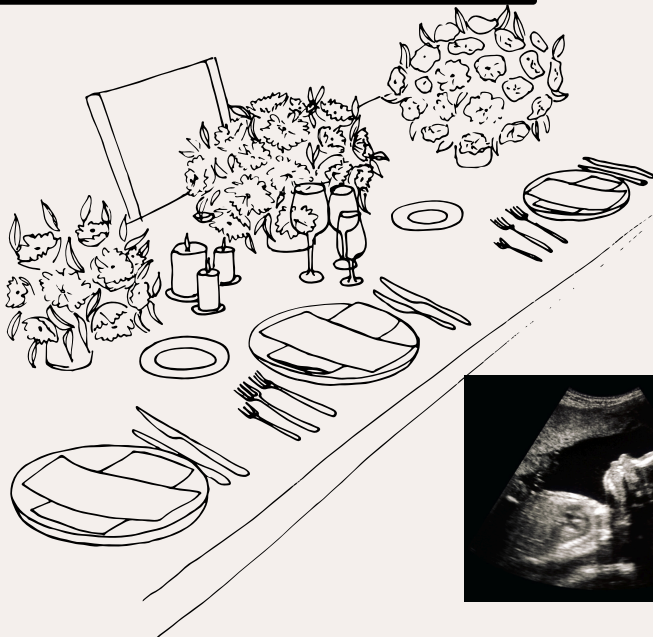
Mouse Race



START



**Tables of 8 Available for purchase/reservation for \$250.
Will include treats and fun decorations!**



Annual Banquet for Life

October 13th, 2026

KC Hall
3305 N. High St.
Jackson



Write your Last Will and Testament for **FREE**, courtesy of Options for Women.
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<https://sevenweekscoffee.com/?ref=affirmlifescape>

Pregnancy Resource Center Tax Credit

MO Tax Credits - OFW is an approved Missouri tax-credit organization, which means your generosity can go even further. When you donate \$100 or more, you become eligible for a 70% Missouri tax credit—a powerful way to reduce your state tax liability while supporting families in need. Even better, this credit comes in addition to any charitable deduction you may also qualify for.

Your gift makes a meaningful impact, and Missouri rewards you for it.

IRA Charitable Giving - For those age 70 and older, there's now an incredibly tax-smart way to support the mission of OFW. You can make tax-free charitable gifts directly from your tax-deferred retirement account to a nonprofit like ours. These gifts still qualify for the Missouri PRC Tax Credit, and they also count toward your Required Minimum Distribution. It's a powerful way to reduce your taxable income while making a meaningful difference for women and families in our community.

Your generosity truly works double duty.