

NEWSLETTER

Respect Life Sunday October 4th, 2026

Respect Life Sunday, observed on the first Sunday of October, is set apart by the U.S. Conference of Catholic Bishops as a day to honor the God-given dignity of every human life—from conception to natural death. It marks the beginning of Respect Life Month, a nationwide Catholic observance inviting the faithful to deepen their commitment to understanding, cherishing, and protecting life through prayer, reflection, and purposeful action.

respect life



called to serve moms in need

Models used for illustrative purposes only. iStock.com/petrenkod; iStock.com/SeventyFour; iStock.com/Delmaine Donson.

National Child Health Day October 5th, 2026

National Child Health Day, observed each year on the first Monday of October, celebrates the well-being of children and underscores the importance of both physical and mental health. This meaningful observance reminds us that families, communities, and support networks play a vital role in helping every child thrive. It also calls us to champion policies that ensure all children have access to quality healthcare, nourishing food, and safe, healthy environments.



Infant Loss Remembrance Day will be observed on October 15, 2026. This day offers space to honor and remember the little ones lost through pregnancy and infant loss—including miscarriage, stillbirth, SIDS, and the death of a newborn. It is a time for families and communities to acknowledge their grief, reflect, and lovingly remember the children whose lives, though brief, left a lasting impact.

October 24, 2026

Make a Difference Day, observed each year on the fourth Saturday of October, inspires millions to volunteer and strengthen their communities. This annual observance invites people to come together, support local causes, and embody the change they hope to see. Whether you lend a hand, donate, or help spread awareness, your involvement matters. Many believe their individual efforts are too small to make an impact—but they do. Make a Difference Day is a powerful reminder that every act of kindness contributes to the greater good.



how do women emotionally respond to chemical abortions?

Vitae Vault interviewed various participants from 18 to 34 years old. All participants were in the “middle” ground position between pro-life and pro-choice. They were all familiar with the abortion pill, with only $\frac{1}{3}$ of the participants having actually experienced a chemical abortion.

Key Findings

- 1** Women can distinguish between the abortion pill and Plan B, but are uninformed about how each medication works, highlighting an opportunity for further education.
- 2** Women perceive chemical abortion as less invasive, safer, and easier to conceal, viewing it as a way to avoid potential shame and judgment.
- 3** Women who had not personally experienced chemical abortion were more likely to describe it as an easier option, while those who had experienced it firsthand consistently described the process as emotionally and physically taxing.
- 4** All respondents indicated that they considered the risks associated with abortion on demand worthwhile in order to preserve the ability to choose.

Application

- We must emphasize the substantial differences between chemical abortion and Plan B.
- Highlight Abortion Pill Reversal as a second chance for women who change their minds, acknowledging that abortion regret can be real and emphasizing APR's reported safety record for mothers and babies.
- Educate them on the side effects and poor healthcare associated with chemical abortions. While sharing with them the truth of how it is both physically and emotionally taxing, traumatic, and an unnatural process.

Volunteer Spotlight



I've been working at Options for Women for a few months now as part-time support staff. I originally wanted to volunteer somewhere, and my mom—who works here—suggested I help with some of the extra tasks that needed attention. I spend my time restocking and organizing, and even though I'm not working directly with clients, it's still incredibly fulfilling to know that what I do helps support the people we serve.

Pregnancy Resource Center Tax Credit

MO Tax Credits - OFW is an approved Missouri tax-credit organization, which means your generosity can go even further. When you donate \$100 or more, you become eligible for a 70% Missouri tax credit—a powerful way to reduce your state tax liability while supporting families in need. Even better, this credit comes in addition to any charitable deduction you may also qualify for.

Your gift makes a meaningful impact, and Missouri rewards you for it.

IRA Charitable Giving - For those age 70 and older, there's now an incredibly tax-smart way to support the mission of OFW. You can make tax-free charitable gifts directly from your tax-deferred retirement account to a nonprofit like ours. These gifts still qualify for the Missouri PRC Tax Credit, and they also count toward your Required Minimum Distribution. It's a powerful way to reduce your taxable income while making a meaningful difference for women and families in our community.

Your generosity truly works double duty.

Upcoming Events

OPTIONS FOR WOMEN'S 14TH ANNUAL BANQUET

Steps of Courage

Greg Mayo -Keynote Speaker

October 13th, 2026

5pm - doors open 6pm - dinner
3305 N. High St. Jackson, MO

RSVP by October 1st- 573-275-0420

director@optionsforwomencape.com



SAVE THE DATE!

QUARTER AUCTION

**Saturday,
March 6th 2027**

